



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Geissinger, Dagmar

Club: Berlin
Number: 426

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:52:37

Speed: 9.04 km/h
Running performance: 6:35 min/km

Rank in course/Total: 300 (of 456)

Rank in course/Women: 32 (of 57)

Best time in course: 2:11:42

Rank in category: 1(of 7)

Best time in the category: 2:52:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:05	6:23	3	0:54	36	5:24	3.30	21:05	6:23	1	-	4	
Schlüsie	3.10	21:41	6:59	1	-	24	4:17	6.40	42:46	6:40	1	-	4	
Hermannsklippe	2.60	19:37	7:32	1	-	27	4:21	9.00	1:02:23	6:55	1	-	4	
Brocken	3.10	31:51	10:16	1	-	23	7:26	12.10	1:34:14	7:47	1	-	4	
Eiserner Handwe	3.60	21:24	5:56	3	1:41	35	5:33	15.70	1:55:38	7:21	1	-	4	
Schlüsie	4.10	21:22	5:12	4	2:42	38	6:59	19.80	2:17:00	6:55	1	-	4	
Loddenke	3.10	17:11	5:32	3	1:07	40	4:56	22.90	2:34:11	6:43	1	-	4	
Ilseburg/Markt	3.30	18:26	5:35	2	0:30	37	5:06	26.20	2:52:37	6:35	1	-	32	40:55