



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Junig, Gunnar

Club: Brockenlaufverein Ilseburg
Number: 162

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:53:28

Speed: 8.99 km/h
Running performance: 6:37 min/km

Rank in course/Total: 304 (of 456)

Rank in course/Men: 272 (of 399)

Best time in course: 1:39:03

Rank in category: 16(of 30)

Best time in the category: 2:11:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	20:41	6:16	19	4:44	283	8:10	3.30	20:41	6:16	1	-	272	8:06	
Schlüsie	3.10	23:24	7:32	19	6:32	317	10:02	6.40	44:05	6:53	1	-	272	18:05	
Hermannsklippe	2.60	21:56	8:26	18	6:44	317	10:23	9.00	1:06:01	7:20	1	-	272	28:21	
Brocken	3.10	34:40	11:10	17	8:30	292	16:39	12.10	1:40:41	8:19	1	-	272	44:37	
Eiserner Handwe	3.60	19:44	5:28	10	4:10	231	7:41	15.70	2:00:25	7:40	1	-	272	52:15	
Schlüsie	4.10	19:07	4:39	13	4:04	226	8:09	19.80	2:19:32	7:02	1	-	272	1:00:24	
Loddenke	3.10	16:05	5:11	14	3:22	237	6:41	22.90	2:35:37	6:47	1	-	272	1:07:05	
Ilseburg/Markt	3.30	17:51	5:24	12	4:07	236	7:20	26.20	2:53:28	6:37	16	42:13	272	1:14:25	