



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Schmidtke, Peter

Club: Eintracht Braunschweig  
Number: 300

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:55:06

Speed: 8.91 km/h  
Running performance: 6:41 min/km

Rank in course/Total: 308 (of 456)

Rank in course/Men: 276 (of 399)

Best time in course: 1:39:03

Rank in category: 67(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:45	5:59	55	5:33	226	7:14	3.30	19:45	5:59	9		182	7:10
Schlüsie	3.10	21:46	7:01	63	5:42	259	8:24	6.40	41:31	6:29	9		237	15:31
Hermannsklippe	2.60	20:50	8:00	68	6:35	285	9:17	9.00	1:02:21	6:55	9		276	24:41
Brocken	3.10	35:35	11:28	74	12:57	307	17:34	12.10	1:37:56	8:05	9		276	41:52
Eiserner Handwe	3.60	20:14	5:37	62	5:51	249	8:11	15.70	1:58:10	7:31	9		276	50:00
Schlüsie	4.10	20:12	4:55	68	6:12	273	9:14	19.80	2:18:22	6:59	9		276	59:14
Loddenke	3.10	16:59	5:28	70	5:50	282	7:35	22.90	2:35:21	6:47	9	0:42	276	1:06:49
Ilseburg/Markt	3.30	19:45	5:59	79	7:38	307	9:14	26.20	2:55:06	6:40	67	54:40	276	1:16:03