



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Wolff, Silke

Club: Garmisch-Partenkirchen
Number: 26

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:55:29

Speed: 8.89 km/h
Running performance: 6:42 min/km

Rank in course/Total: 309 (of 456)

Rank in course/Women: 33 (of 57)

Best time in course: 2:11:42

Rank in category: 6(of 13)

Best time in the category: 2:27:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	21:17	6:26	7	2:43	38	5:36	3.30	21:17	6:26	6	2:43	5
Schlüsie	3.10	23:28	7:34	9	3:26	42	6:04	6.40	44:45	6:59	6	6:09	5
Hermannsklippe	2.60	21:48	8:23	7	3:34	40	6:32	9.00	1:06:33	7:23	6	9:43	5
Brocken	3.10	36:45	11:51	8	6:25	45	12:20	12.10	1:43:18	8:32	6	16:07	5
Eiserner Handwe	3.60	20:03	5:34	6	3:41	30	4:12	15.70	2:03:21	7:51	6	19:48	5
Schlüsie	4.10	18:40	4:33	5	2:54	18	4:17	19.80	2:22:01	7:10	6	22:42	5
Loddenke	3.10	15:21	4:57	4	2:08	23	3:06	22.90	2:37:22	6:52	6	24:50	5
Ilseburg/Markt	3.30	18:07	5:29	5	3:12	33	4:47	26.20	2:55:29	6:41	6	28:02	33 43:47