



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Neitzel, Susanne

Club: Halle
Number: 122

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 2:55:57

Speed: 8.87 km/h
Running performance: 6:43 min/km

Rank in course/Total: 311 (of 456)

Rank in course/Women: 35 (of 57)

Best time in course: 2:11:42

Rank in category: 2(of 7)

Best time in the category: 2:52:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:36	6:14	2	0:25	28	4:55	3.30	20:36	6:14	2			7
Schlüsie	3.10	24:11	7:48	3	2:30	45	6:47	6.40	44:47	6:59	2	2:01		7
Hermannsklippe	2.60	21:35	8:18	2	1:58	39	6:19	9.00	1:06:22	7:22	2	3:59		7
Brocken	3.10	35:40	11:30	2	3:49	41	11:15	12.10	1:42:02	8:25	2	7:48		7
Eiserner Handwe	3.60	19:43	5:28	1	-	27	3:52	15.70	2:01:45	7:45	2	6:07		7
Schlüsie	4.10	18:40	4:33	1	-	18	4:17	19.80	2:20:25	7:05	2	3:25		7
Loddenke	3.10	16:43	5:23	2	0:39	38	4:28	22.90	2:37:08	6:51	2	2:57		7
Ilseburg/Markt	3.30	18:49	5:42	3	0:53	40	5:29	26.20	2:55:57	6:42	2	3:20	35	44:15