



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Meyer, Olaf

Club: gosen-neu zittau
Number: 97

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:56:11

Speed: 8.85 km/h
Running performance: 6:43 min/km

Rank in course/Total: 312 (of 456)

Rank in course/Men: 277 (of 399)

Best time in course: 1:39:03

Rank in category: 68(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:31	6:31	78	7:19	312	9:00	3.30	21:31	6:31	8		271	8:56
Schlüsie	3.10	22:28	7:14	71	6:24	287	9:06	6.40	43:59	6:52	8		271	17:59
Hermannsklippe	2.60	21:00	8:04	72	6:45	292	9:27	9.00	1:04:59	7:13	8		277	27:19
Brocken	3.10	32:47	10:34	59	10:09	248	14:46	12.10	1:37:46	8:04	8		277	41:42
Eiserner Handwe	3.60	23:11	6:26	83	8:48	330	11:08	15.70	2:00:57	7:42	8	0:41	277	52:47
Schlüsie	4.10	21:35	5:15	72	7:35	302	10:37	19.80	2:22:32	7:11	8	2:38	277	1:03:24
Loddenke	3.10	16:15	5:14	60	5:06	250	6:51	22.90	2:38:47	6:56	8	4:08	277	1:10:15
Ilseburg/Markt	3.30	17:24	5:16	56	5:17	215	6:53	26.20	2:56:11	6:43	68	55:45	277	1:17:08