



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Dr. Lehmann, Peter

Club: USC Magdeburg
Number: 211

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:57:28

Speed: 8.79 km/h
Running performance: 6:46 min/km

Rank in course/Total: 317 (of 456)

Rank in course/Men: 282 (of 399)

Best time in course: 1:39:03

Rank in category: 17 (of 30)

Best time in the category: 2:11:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:09	6:06	14	4:12	245	7:38	3.30	20:09	6:06	15		103	7:34
Schlüsie	3.10	22:12	7:09	15	5:20	278	8:50	6.40	42:21	6:37	15		282	16:21
Hermannsklippe	2.60	20:31	7:53	15	5:19	273	8:58	9.00	1:02:52	6:59	15		282	25:12
Brocken	3.10	34:20	11:04	16	8:10	289	16:19	12.10	1:37:12	8:01	15		282	41:08
Eiserner Handwe	3.60	22:44	6:18	20	7:10	317	10:41	15.70	1:59:56	7:38	15		282	51:46
Schlüsie	4.10	22:31	5:29	23	7:28	329	11:33	19.80	2:22:27	7:11	15	2:55	282	1:03:19
Loddenke	3.10	17:36	5:40	20	4:53	304	8:12	22.90	2:40:03	6:59	15	4:26	282	1:11:31
Ilseburg/Markt	3.30	17:25	5:16	10	3:41	217	6:54	26.20	2:57:28	6:46	17	46:13	282	1:18:25