



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Müller, Lutz

Club: Wimmelburg  
Number: 435

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:58:05

Speed: 8.76 km/h  
Running performance: 6:48 min/km

Rank in course/Total: 323 (of 456)

Rank in course/Men: 287 (of 399)

Best time in course: 1:39:03

Rank in category: 72(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:47	6:36	82	7:35	326	9:16	3.30	21:47	6:36	4		287	9:12
Schlüsie	3.10	23:05	7:26	76	7:01	311	9:43	6.40	44:52	7:00	4		287	18:52
Hermannsklippe	2.60	21:10	8:08	73	6:55	302	9:37	9.00	1:06:02	7:20	4		287	28:22
Brocken	3.10	33:32	10:49	64	10:54	265	15:31	12.10	1:39:34	8:13	4	1:35	287	43:30
Eiserner Handwe	3.60	21:26	5:57	70	7:03	281	9:23	15.70	2:01:00	7:42	4	0:44	287	52:50
Schlüsie	4.10	22:02	5:22	75	8:02	313	11:04	19.80	2:23:02	7:13	4	3:08	284	1:03:54
Loddenke	3.10	17:24	5:36	72	6:15	295	8:00	22.90	2:40:26	7:00	4	5:47	287	1:11:54
Ilseburg/Markt	3.30	17:39	5:20	60	5:32	226	7:08	26.20	2:58:05	6:47	72	57:39	287	1:19:02