



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

**Samp, Alexander**

Club: Whiskey Running Team  
Number: 69

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:59:41

Speed: 8.68 km/h  
Running performance: 6:52 min/km

Rank in course/Total: 337 (of 456)

Rank in course/Men: 298 (of 399)

Best time in course: 1:39:03

Rank in category: 32(of 39)

Best time in the category: 1:50:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:41	6:34	31	7:49	320	9:10	3.30	21:41	6:34	13		283	9:06
Schlüsie	3.10	23:04	7:26	32	8:01	308	9:42	6.40	44:45	6:59	13		298	18:45
Hermannsklippe	2.60	20:48	8:00	31	7:46	284	9:15	9.00	1:05:33	7:16	13		298	27:53
Brocken	3.10	34:15	11:02	31	13:43	288	16:14	12.10	1:39:48	8:14	13		298	43:44
Eiserner Handwe	3.60	21:06	5:51	29	8:10	271	9:03	15.70	2:00:54	7:42	13		298	52:44
Schlüsie	4.10	20:55	5:06	32	8:36	294	9:57	19.80	2:21:49	7:09	13		298	1:02:41
Loddenke	3.10	17:03	5:30	30	6:31	284	7:39	22.90	2:38:52	6:56	13		295	1:10:20
Ilseburg/Markt	3.30	20:49	6:18	33	8:41	335	10:18	26.20	2:59:41	6:51	32	1:09:17	298	1:20:38