



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Steiger, Ute

Club: Ilseburg
Number: 958

Course: 9.60 km
9,6 km - Wanderung

Category:
Frauen

Total time: 1:38:26

Speed: 5.49 km/h
Running performance: 10:15 min/km

Rank in course/Total: 17 (of 20)
Rank in course/Women: 10 (of 10)
Best time in course: 1:18:06
Rank in category: 10(of 10)
Best time in the category: 1:18:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	45:17	11:02	10	9:36	10	9:36	4.10	45:17	11:02	10	9:36	10	9:36
Loddenke	2.20	20:45	9:25	5	3:49	5	3:49	6.30	1:06:02	10:28	10	13:25	10	13:25
Ilseburg/Markt	3.30	32:24	9:49	10	6:55	10	6:55	9.60	1:38:26	10:15	10	20:20	10	20:20