



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Sachse, Evelyn

Club: Eintracht Hildesheim
Number: 265

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:01:33

Speed: 8.59 km/h
Running performance: 6:56 min/km

Rank in course/Total: 344 (of 456)

Rank in course/Women: 42 (of 57)

Best time in course: 2:11:42

Rank in category: 9(of 11)

Best time in the category: 2:25:06

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Loddenke | 3.30 | 20:12 | 6:07 | 7 | 3:09 | 25 | 4:31 | 3.30 | 20:12 | 6:07 | 9 | 3:09 | 14 | |
| Schlüsie | 3.10 | 21:51 | 7:02 | 7 | 2:36 | 25 | 4:27 | 6.40 | 42:03 | 6:34 | 9 | 5:45 | 14 | |
| Hermannsklippe | 2.60 | 22:16 | 8:33 | 10 | 5:08 | 42 | 7:00 | 9.00 | 1:04:19 | 7:08 | 9 | 10:53 | 14 | |
| Brocken | 3.10 | 34:54 | 11:15 | 8 | 5:51 | 36 | 10:29 | 12.10 | 1:39:13 | 8:11 | 9 | 16:44 | 14 | |
| Eiserner Handwe | 3.60 | 24:16 | 6:44 | 11 | 7:01 | 50 | 8:25 | 15.70 | 2:03:29 | 7:51 | 9 | 23:45 | 14 | |
| Schlüsie | 4.10 | 24:57 | 6:05 | 11 | 8:17 | 54 | 10:34 | 19.80 | 2:28:26 | 7:29 | 9 | 32:02 | 14 | 0:41 |
| Loddenke | 3.10 | 15:49 | 5:06 | 7 | 2:11 | 29 | 3:34 | 22.90 | 2:44:15 | 7:10 | 9 | 34:13 | 14 | |
| Ilseburg/Markt | 3.30 | 17:18 | 5:14 | 5 | 2:14 | 26 | 3:58 | 26.20 | 3:01:33 | 6:55 | 9 | 36:27 | 42 | 49:51 |