



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Scheide, Edgar

Club: Kallmerode  
Number: 292

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 3:03:06

Speed: 8.52 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 349 (of 456)

Rank in course/Men: 305 (of 399)

Best time in course: 1:39:03

Rank in category: 19(of 30)

Best time in the category: 2:11:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	21:31	6:31	22	5:34	312	9:00	3.30	21:31	6:31	13	0:50	271	8:56
Schlüsie	3.10	24:34	7:55	21	7:42	341	11:12	6.40	46:05	7:12	13	2:00	305	20:05
Hermannsklippe	2.60	23:31	9:02	23	8:19	356	11:58	9.00	1:09:36	7:43	13	3:35	305	31:56
Brocken	3.10	35:30	11:27	18	9:20	302	17:29	12.10	1:45:06	8:41	13	4:25	305	49:02
Eiserner Handwe	3.60	20:51	5:47	16	5:17	267	8:48	15.70	2:05:57	8:01	13	5:32	305	57:47
Schlüsie	4.10	19:45	4:49	16	4:42	255	8:47	19.80	2:25:42	7:21	13	6:10	305	1:06:34
Loddenke	3.10	17:20	5:35	19	4:37	291	7:56	22.90	2:43:02	7:07	13	7:25	305	1:14:30
Ilseburg/Markt	3.30	20:04	6:04	20	6:20	311	9:33	26.20	3:03:06	6:59	19	51:51	305	1:24:03