



43. Brockenlauf
Ilsenburg / 07.09.2013

Detailed evaluation

Steiger, Lothar

Club: Brockenlaufverein Ilsenburg
Number: 957

Course: 9.60 km
9,6 km - Wanderung

Category:
Männer

Total time: 1:38:26

Speed: 5.49 km/h
Running performance: 10:15 min/km

Rank in course/Total: 18 (of 20)

Rank in course/Men: 8 (of 10)

Best time in course: 1:05:28

Rank in category: 8(of 10)

Best time in the category: 1:05:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	45:17	11:02	9	14:59	9	14:59	4.10	45:17	11:02	8	14:59	8	14:59
Loddenke	2.20	20:47	9:26	7	6:59	7	6:59	6.30	1:06:04	10:29	8	21:58	8	21:58
Ilsenburg/Markt	3.30	32:22	9:48	8	11:00	8	11:00	9.60	1:38:26	10:15	8	32:58	8	32:58