



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Vauth, Jürgen

Club: Non-Stop-Ultra  
Number: 210

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:04:03

Speed: 8.48 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 356 (of 456)

Rank in course/Men: 311 (of 399)

Best time in course: 1:39:03

Rank in category: 77(of 99)

Best time in the category: 2:00:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:37	5:56	50	5:25	214	7:06	3.30	19:37	5:56	49		311	7:02
Schlüsie	3.10	23:38	7:37	80	7:34	321	10:16	6.40	43:15	6:45	49		311	17:15
Hermannsklippe	2.60	22:36	8:41	84	8:21	334	11:03	9.00	1:05:51	7:18	49		311	28:11
Brocken	3.10	37:50	12:12	85	15:12	347	19:49	12.10	1:43:41	8:34	49	5:42	311	47:37
Eiserner Handwe	3.60	21:58	6:06	74	7:35	301	9:55	15.70	2:05:39	8:00	49	5:23	311	57:29
Schlüsie	4.10	21:48	5:19	73	7:48	306	10:50	19.80	2:27:27	7:26	49	7:33	311	1:08:19
Loddenke	3.10	17:34	5:39	76	6:25	303	8:10	22.90	2:45:01	7:12	49	10:22	311	1:16:29
Ilseburg/Markt	3.30	19:02	5:46	76	6:55	285	8:31	26.20	3:04:03	7:01	77	1:03:37	311	1:25:00