



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Pollmann, Josef

Club: LAC Hochsauerland  
Number: 974

Course: 9.60 km  
9,6 km - Wanderung

Category:  
Männer

Total time: 1:38:43

Speed: 5.47 km/h  
Running performance: 10:17 min/km

Rank in course/Total: 19 (of 20)

Rank in course/Men: 9 (of 10)

Best time in course: 1:05:28

Rank in category: 9(of 10)

Best time in the category: 1:05:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	43:58	10:43	8	13:40	8	13:40	4.10	43:58	10:43	9	13:40	9	13:40
Loddenke	2.20	22:07	10:03	9	8:19	9	8:19	6.30	1:06:05	10:29	9	21:59	9	21:59
Ilseburg/Markt	3.30	32:38	9:53	9	11:16	9	11:16	9.60	1:38:43	10:16	9	33:15	9	33:15