



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Langbecker, Yvonne

Total time: 3:05:01

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel

Speed: 8.43 km/h

Number: 204

Running performance: 7:04 min/km

Course: 26.20 km

Rank in course/Total: 360 (of 456)

26,2 km - Lauf

Rank in course/Women: 46 (of 57)

Best time in course: 2:11:42

Category:

Rank in category: 9(of 13)

Seniorinnen W45 (45-49 Jahre)

Best time in the category: 2:27:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:38	6:15	5	2:04	30	4:57	3.30	20:38	6:15	9	2:04	18	
Schlüsie	3.10	23:09	7:28	7	3:07	37	5:45	6.40	43:47	6:50	9	5:11	18	
Hermannsklippe	2.60	22:38	8:42	8	4:24	45	7:22	9.00	1:06:25	7:22	9	9:35	18	
Brocken	3.10	37:50	12:12	9	7:30	46	13:25	12.10	1:44:15	8:36	9	17:04	18	
Eiserner Handwe	3.60	22:15	6:10	8	5:53	42	6:24	15.70	2:06:30	8:03	9	22:57	18	0:07
Schlüsie	4.10	21:48	5:19	8	6:02	42	7:25	19.80	2:28:18	7:29	9	28:59	18	0:33
Loddenke	3.10	17:58	5:47	9	4:45	45	5:43	22.90	2:46:16	7:15	9	33:44	18	1:57
Ilseburg/Markt	3.30	18:45	5:40	9	3:50	39	5:25	26.20	3:05:01	7:03	9	37:34	46	53:19