



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Weber, H P

Club: SG Hillerse
Number: 167

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:08:14

Speed: 8.29 km/h
Running performance: 7:11 min/km

Rank in course/Total: 368 (of 456)

Rank in course/Men: 321 (of 399)

Best time in course: 1:39:03

Rank in category: 6(of 10)

Best time in the category: 2:29:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:15	6:44	6	4:30	341	9:44	3.30	22:15	6:44	6	4:30	313	9:40
Schlüsie	3.10	23:39	7:37	5	4:28	322	10:17	6.40	45:54	7:10	6	8:58	313	19:54
Hermannsklippe	2.60	21:04	8:06	5	4:10	296	9:31	9.00	1:06:58	7:26	6	13:08	317	29:18
Brocken	3.10	36:50	11:52	6	8:25	331	18:49	12.10	1:43:48	8:34	6	21:33	321	47:44
Eiserner Handwe	3.60	22:45	6:19	7	5:32	319	10:42	15.70	2:06:33	8:03	6	27:05	321	58:23
Schlüsie	4.10	22:21	5:27	7	4:08	325	11:23	19.80	2:28:54	7:31	6	31:07	321	1:09:46
Loddenke	3.10	18:22	5:55	6	4:01	321	8:58	22.90	2:47:16	7:18	6	34:39	321	1:18:44
Ilseburg/Markt	3.30	20:58	6:21	6	4:09	337	10:27	26.20	3:08:14	7:11	6	38:48	321	1:29:11