



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Thiele, Joachim

Club: Wolfsburg
Number: 18

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:09:07

Speed: 8.25 km/h
Running performance: 7:13 min/km

Rank in course/Total: 373 (of 456)

Rank in course/Men: 326 (of 399)

Best time in course: 1:39:03

Rank in category: 51(of 63)

Best time in the category: 2:02:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Loddenke	3.30	20:01	6:03	38	5:13	238	7:30	3.30	20:01	6:03	20		192	7:26
Schlüsie	3.10	22:16	7:10	43	5:55	280	8:54	6.40	42:17	6:36	20		325	16:17
Hermannsklippe	2.60	22:15	8:33	52	7:58	324	10:42	9.00	1:04:32	7:10	20		325	26:52
Brocken	3.10	39:22	12:41	58	16:27	367	21:21	12.10	1:43:54	8:35	20		325	47:50
Eiserner Handwe	3.60	22:49	6:20	51	8:06	324	10:46	15.70	2:06:43	8:04	20	0:21	325	58:33
Schlüsie	4.10	22:02	5:22	47	8:18	313	11:04	19.80	2:28:45	7:30	20	0:53	325	1:09:37
Loddenke	3.10	18:21	5:55	52	6:36	320	8:57	22.90	2:47:06	7:17	20	2:09	325	1:18:34
Ilseburg/Markt	3.30	22:01	6:40	57	8:53	356	11:30	26.20	3:09:07	7:13	51	1:06:33	326	1:30:04