



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Stülb, Georg

Club: TV Hermeskeil
Number: 190

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:11:06

Speed: 8.16 km/h
Running performance: 7:17 min/km

Rank in course/Total: 380 (of 456)

Rank in course/Men: 333 (of 399)

Best time in course: 1:39:03

Rank in category: 83(of 99)

Best time in the category: 2:00:26

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	20:15	6:08	58	6:03	250	7:44	3.30	20:15	6:08	43		167	7:40	
Schlüsie	3.10	22:27	7:14	70	6:23	285	9:05	6.40	42:42	6:40	43		294	16:42	
Hermannsklippe	2.60	21:26	8:14	76	7:11	306	9:53	9.00	1:04:08	7:07	43		294	26:28	
Brocken	3.10	35:58	11:36	77	13:20	314	17:57	12.10	1:40:06	8:16	43	2:07	333	44:02	
Eiserner Handwe	3.60	21:36	6:00	73	7:13	290	9:33	15.70	2:01:42	7:45	43	1:26	333	53:32	
Schlüsie	4.10	25:17	6:10	89	11:17	371	14:19	19.80	2:26:59	7:25	43	7:05	333	1:07:51	
Loddenke	3.10	22:10	7:09	94	11:01	380	12:46	22.90	2:49:09	7:23	43	14:30	333	1:20:37	
Ilseburg/Markt	3.30	21:57	6:39	88	9:50	355	11:26	26.20	3:11:06	7:17	83	1:10:40	333	1:32:03	