



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Müller, Jörg-Peter

Club: Bonn  
Number: 451

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 3:11:49

Speed: 8.13 km/h  
Running performance: 7:19 min/km

Rank in course/Total: 384 (of 456)

Rank in course/Men: 337 (of 399)

Best time in course: 1:39:03

Rank in category: 15(of 20)

Best time in the category: 2:22:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:49	6:18	5	4:03	288	8:18	3.30	20:49	6:18	7		337	8:14
Schlüsie	3.10	24:57	8:02	18	5:59	359	11:35	6.40	45:46	7:09	7	1:11	337	19:46
Hermannsklippe	2.60	23:05	8:52	17	5:56	346	11:32	9.00	1:08:51	7:38	7	2:01	327	31:11
Brocken	3.10	37:51	12:12	17	9:53	348	19:50	12.10	1:46:42	8:49	7	2:42	337	50:38
Eiserner Handwe	3.60	24:53	6:54	18	8:20	354	12:50	15.70	2:11:35	8:22	7	4:49	337	1:03:25
Schlüsie	4.10	23:03	5:37	16	6:50	335	12:05	19.80	2:34:38	7:48	7	7:20	337	1:15:30
Loddenke	3.10	17:43	5:42	13	3:58	307	8:19	22.90	2:52:21	7:31	7	8:34	337	1:23:49
Ilseburg/Markt	3.30	19:28	5:53	12	4:01	301	8:57	26.20	3:11:49	7:19	15	49:00	337	1:32:46