



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Stutzkowski, Elke

Number: 485

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 3:12:32

Speed: 8.10 km/h  
Running performance: 7:21 min/km

Rank in course/Total: 388 (of 456)

Rank in course/Women: 48 (of 57)

Best time in course: 2:11:42

Rank in category: 8(of 8)

Best time in the category: 2:23:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:56	6:38	7	4:46	45	6:15	3.30	21:56	6:38	8	4:46	20	
Schlüsie	3.10	25:20	8:10	8	6:19	49	7:56	6.40	47:16	7:23	8	11:05	20	1:24
Hermannsklippe	2.60	24:12	9:18	8	7:18	50	8:56	9.00	1:11:28	7:56	8	18:23	20	2:57
Brocken	3.10	40:16	12:59	8	15:51	49	15:51	12.10	1:51:44	9:14	8	34:14	20	6:53
Eiserner Handwe	3.60	21:36	6:00	5	3:56	39	5:45	15.70	2:13:20	8:29	8	38:10	20	6:57
Schlüsie	4.10	22:00	5:21	5	4:54	43	7:37	19.80	2:35:20	7:50	8	43:04	20	7:35
Loddenke	3.10	17:28	5:38	6	2:53	42	5:13	22.90	2:52:48	7:32	8	45:57	20	8:29
Ilseburg/Markt	3.30	19:44	5:58	8	4:08	44	6:24	26.20	3:12:32	7:20	8	48:59	48	1:00:50