



43. Brockenlauf

Ilseburg / 07.09.2013

Detailed evaluation

Christmann, Willi

Club: Blau Weiß Hettstedt
Number: 486

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 3:14:59

Speed: 8.00 km/h
Running performance: 7:26 min/km

Rank in course/Total: 392 (of 456)

Rank in course/Men: 344 (of 399)

Best time in course: 1:39:03

Rank in category: 2(of 4)

Best time in the category: 2:25:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:55	6:56	2	4:56	363	10:24	3.30	22:55	6:56	2	4:56	344	10:20
Schlüsie	3.10	25:15	8:08	3	4:47	366	11:53	6.40	48:10	7:31	2	9:43	344	22:10
Hermannsklippe	2.60	24:02	9:14	4	6:18	361	12:29	9.00	1:12:12	8:01	2	16:01	344	34:32
Brocken	3.10	36:13	11:40	2	7:48	315	18:12	12.10	1:48:25	8:57	2	23:49	344	52:21
Eiserner Handwe	3.60	23:52	6:37	2	7:44	342	11:49	15.70	2:12:17	8:25	2	31:33	344	1:04:07
Schlüsie	4.10	23:01	5:36	2	7:04	334	12:03	19.80	2:35:18	7:50	2	38:37	344	1:16:10
Loddenke	3.10	19:35	6:19	2	5:59	351	10:11	22.90	2:54:53	7:38	2	44:36	344	1:26:21
Ilseburg/Markt	3.30	20:06	6:05	2	4:37	313	9:35	26.20	3:14:59	7:26	2	49:13	344	1:35:56