



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Klaßen, Thomas

Club: www.cuxhund.de  
Number: 397

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:19:33

Speed: 7.82 km/h  
Running performance: 7:37 min/km

Rank in course/Total: 403 (of 456)

Rank in course/Men: 355 (of 399)

Best time in course: 1:39:03

Rank in category: 56(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:01	6:40	51	7:13	330	9:30	3.30	22:01	6:40	25	1:21	355	9:26
Schlüsie	3.10	24:51	8:00	56	8:30	358	11:29	6.40	46:52	7:19	25	2:32	355	20:52
Hermannsklippe	2.60	24:07	9:16	56	9:50	364	12:34	9.00	1:10:59	7:53	25	3:32	355	33:19
Brocken	3.10	37:46	12:10	51	14:51	345	19:45	12.10	1:48:45	8:59	25	2:58	341	52:41
Eiserner Handwe	3.60	23:47	6:36	55	9:04	340	11:44	15.70	2:12:32	8:26	25	6:10	355	1:04:22
Schlüsie	4.10	22:13	5:25	49	8:29	320	11:15	19.80	2:34:45	7:48	25	6:53	355	1:15:37
Loddenke	3.10	20:39	6:39	59	8:54	367	11:15	22.90	2:55:24	7:39	25	10:27	355	1:26:52
Ilseburg/Markt	3.30	24:09	7:19	60	11:01	377	13:38	26.20	3:19:33	7:36	56	1:16:59	355	1:40:30