



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Zeeh, Mario

Total time: 3:19:49

Club: Hugelhobbys Thuringer Schiefergebirge Oberes Saarland

Speed: 7.81 km/h

Number: 363

Running performance: 7:38 min/km

Course: 26.20 km

Rank in course/Total: 404 (of 456)

26,2 km - Lauf

Rank in course/Men: 356 (of 399)

Best time in course: 1:39:03

Category:

Rank in category: 52(of 55)

Senioren M40 (40-44 Jahre)

Best time in the category: 1:50:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:55	6:02	46	6:32	236	7:24	3.30	19:55	6:02	25	1:40	356	7:20
Schlusie	3.10	21:38	6:58	49	7:11	256	8:16	6.40	41:33	6:29	25	2:41	239	15:33
Hermannsklippe	2.60	18:07	6:58	36	5:07	173	6:34	9.00	59:40	6:37	25	2:05	356	22:00
Brocken	3.10	31:09	10:02	38	10:51	200	13:08	12.10	1:30:49	7:30	25		356	34:45
Eiserner Handwe	3.60	23:51	6:37	52	10:33	341	11:48	15.70	1:54:40	7:18	25	1:37	356	46:30
Schlusie	4.10	16:24	4:00	23	4:02	100	5:26	19.80	2:11:04	6:37	25		356	51:56
Loddenke	3.10	44:20	14:18	55	33:48	399	34:56	22.90	2:55:24	7:39	25	28:43	355	1:26:52
Ilseburg/Markt	3.30	24:25	7:23	54	12:18	378	13:54	26.20	3:19:49	7:37	52	1:29:27	356	1:40:46