



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Quantmeyer, Walter

Club: TSG Döderode/Oldenrode
Number: 165

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:21:02

Speed: 7.76 km/h
Running performance: 7:40 min/km

Rank in course/Total: 408 (of 456)

Rank in course/Men: 360 (of 399)

Best time in course: 1:39:03

Rank in category: 9(of 10)

Best time in the category: 2:29:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Loddenke	3.30	23:06	7:00	10	366	5:21	10:35	3.30	23:06	7:00	9	360	5:21	10:31
Schlüsie	3.10	24:29	7:53	7	340	5:18	11:07	6.40	47:35	7:26	9	360	10:39	21:35
Hermannsklippe	2.60	22:23	8:36	6	331	5:29	10:50	9.00	1:09:58	7:46	9	360	16:08	32:18
Brocken	3.10	37:27	12:04	7	340	9:02	19:26	12.10	1:47:25	8:52	9	360	25:10	51:21
Eiserner Handwe	3.60	24:51	6:54	9	353	7:38	12:48	15.70	2:12:16	8:25	9	360	32:48	1:04:06
Schlüsie	4.10	24:28	5:58	10	361	6:15	13:30	19.80	2:36:44	7:54	9	360	38:57	1:17:36
Loddenke	3.10	20:28	6:36	9	363	6:07	11:04	22.90	2:57:12	7:44	9	360	44:35	1:28:40
Ilseburg/Markt	3.30	23:50	7:13	9	375	7:01	13:19	26.20	3:21:02	7:40	9	360	51:36	1:41:59