



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Lippe, Florian

Club: Harz-Gebirgslauf Wernigerode
Number: 602

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 37:32

Speed: 14.39 km/h
Running performance: 3:55 min/km

Rank in course/Total: 6 (of 170)

Rank in course/Men: 6 (of 111)

Best time in course: 33:31

Rank in category: 5(of 17)

Best time in the category: 33:31

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Ilsestein	4.10	18:34	4:31	5	2:11	6	2:11	4.10	18:34	4:31	14		6	1:53
Loddenke	2.20	7:24	3:21	5	0:50	6	0:50	6.30	25:58	4:07	14		6	2:43
Ilseburg/Markt	3.30	11:34	3:30	5	1:21	7	1:21	9.60	37:32	3:54	5	4:01	6	4:01