



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Zetsche, Uwe

Club: Berlin  
Number: 66

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:23:35

Speed: 7.66 km/h  
Running performance: 7:46 min/km

Rank in course/Total: 412 (of 456)

Rank in course/Men: 364 (of 399)

Best time in course: 1:39:03

Rank in category: 58(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:45	7:11	60	8:57	384	11:14	3.30	23:45	7:11	27	3:05	364	11:10
Schlüsie	3.10	27:23	8:49	61	11:02	389	14:01	6.40	51:08	7:59	27	6:48	364	25:08
Hermannsklippe	2.60	26:21	10:08	61	12:04	386	14:48	9.00	1:17:29	8:36	27	10:02	364	39:49
Brocken	3.10	42:16	13:38	60	19:21	384	24:15	12.10	1:59:45	9:53	27	13:58	364	1:03:41
Eiserner Handwe	3.60	23:30	6:31	54	8:47	335	11:27	15.70	2:23:15	9:07	27	16:53	364	1:15:05
Schlüsie	4.10	24:08	5:53	56	10:24	358	13:10	19.80	2:47:23	8:27	27	19:31	364	1:28:15
Loddenke	3.10	17:58	5:47	50	6:13	311	8:34	22.90	3:05:21	8:05	27	20:24	364	1:36:49
Ilseburg/Markt	3.30	18:14	5:31	42	5:06	257	7:43	26.20	3:23:35	7:46	58	1:21:01	364	1:44:32