



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Spannaus, Hans - Ullrich

Club: Universitätsmedizin Halle
Number: 124

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:24:29

Speed: 7.63 km/h
Running performance: 7:48 min/km

Rank in course/Total: 414 (of 456)

Rank in course/Men: 366 (of 399)

Best time in course: 1:39:03

Rank in category: 25(of 30)

Best time in the category: 2:11:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:37	6:14	18	4:40	277	8:06	3.30	20:37	6:14	7		336	8:02
Schlüsie	3.10	24:50	8:00	26	7:58	357	11:28	6.40	45:27	7:06	7	1:22	366	19:27
Hermannsklippe	2.60	24:26	9:23	26	9:14	369	12:53	9.00	1:09:53	7:45	7	3:52	366	32:13
Brocken	3.10	36:52	11:53	20	10:42	333	18:51	12.10	1:46:45	8:49	7	6:04	366	50:41
Eiserner Handwe	3.60	28:14	7:50	28	12:40	385	16:11	15.70	2:14:59	8:35	7	14:34	366	1:06:49
Schlüsie	4.10	25:11	6:08	27	10:08	369	14:13	19.80	2:40:10	8:05	7	20:38	366	1:21:02
Loddenke	3.10	20:48	6:42	26	8:05	371	11:24	22.90	3:00:58	7:54	7	25:21	366	1:32:26
Ilseburg/Markt	3.30	23:31	7:07	27	9:47	372	13:00	26.20	3:24:29	7:48	25	1:13:14	366	1:45:26