



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Meyer, Thorsten

Club: HHP Nord/Ost
Number: 145

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:26:29

Speed: 7.56 km/h
Running performance: 7:53 min/km

Rank in course/Total: 424 (of 456)

Rank in course/Men: 373 (of 399)

Best time in course: 1:39:03

Rank in category: 35(of 39)

Best time in the category: 1:50:24

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Loddenke	3.30	23:53	7:14	39	10:01	386	11:22	3.30	23:53	7:14	16	1:30	373	11:18
Schlüsie	3.10	25:48	8:19	38	10:45	375	12:26	6.40	49:41	7:45	16	3:51	373	23:41
Hermannsklippe	2.60	22:36	8:41	34	9:34	334	11:03	9.00	1:12:17	8:01	16	5:47	373	34:37
Brocken	3.10	35:16	11:22	32	14:44	299	17:15	12.10	1:47:33	8:53	16	6:54	373	51:29
Eiserner Handwe	3.60	27:22	7:36	38	14:26	379	15:19	15.70	2:14:55	8:35	16	12:21	373	1:06:45
Schlüsie	4.10	29:10	7:06	39	16:51	393	18:12	19.80	2:44:05	8:17	16	21:49	373	1:24:57
Loddenke	3.10	20:59	6:46	36	10:27	374	11:35	22.90	3:05:04	8:04	16	26:11	373	1:36:32
Ilseburg/Markt	3.30	21:25	6:29	34	9:17	344	10:54	26.20	3:26:29	7:52	35	1:36:05	373	1:47:26