



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Meyer, Michael

Club: Ilseburg
Number: 135

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:27:17

Speed: 7.53 km/h
Running performance: 7:55 min/km

Rank in course/Total: 426 (of 456)

Rank in course/Men: 374 (of 399)

Best time in course: 1:39:03

Rank in category: 36(of 39)

Best time in the category: 1:50:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:25	6:11	28	6:33	263	7:54	3.30	20:25	6:11	17		294	7:50
Schlüsie	3.10	23:17	7:30	33	8:14	315	9:55	6.40	43:42	6:49	17		374	17:42
Hermannsklippe	2.60	25:23	9:45	37	12:21	380	13:50	9.00	1:09:05	7:40	17	2:35	374	31:25
Brocken	3.10	41:50	13:29	38	21:18	383	23:49	12.10	1:50:55	9:10	17	10:16	374	54:51
Eiserner Handwe	3.60	24:12	6:43	35	11:16	345	12:09	15.70	2:15:07	8:36	17	12:33	374	1:06:57
Schlüsie	4.10	25:48	6:17	36	13:29	376	14:50	19.80	2:40:55	8:07	17	18:39	374	1:21:47
Loddenke	3.10	22:52	7:22	37	12:20	386	13:28	22.90	3:03:47	8:01	17	24:54	374	1:35:15
Ilseburg/Markt	3.30	23:30	7:07	36	11:22	371	12:59	26.20	3:27:17	7:54	36	1:36:53	374	1:48:14