



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Wetzstein, Andreas

Club: Wildeshausen
Number: 180

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 3:27:24

Speed: 7.52 km/h
Running performance: 7:55 min/km

Rank in course/Total: 427 (of 456)

Rank in course/Men: 375 (of 399)

Best time in course: 1:39:03

Rank in category: 91(of 99)

Best time in the category: 2:00:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	20:45	6:17	70	6:33	287	8:14	3.30	20:45	6:17	35		375	8:10
Schlüsie	3.10	26:02	8:23	92	9:58	376	12:40	6.40	46:47	7:18	35	0:55	327	20:47
Hermannsklippe	2.60	24:41	9:29	92	10:26	372	13:08	9.00	1:11:28	7:56	35	4:52	375	33:48
Brocken	3.10	43:33	14:02	95	20:55	389	25:32	12.10	1:55:01	9:30	35	17:02	375	58:57
Eiserner Handwe	3.60	26:34	7:22	91	12:11	373	14:31	15.70	2:21:35	9:01	35	21:19	375	1:13:25
Schlüsie	4.10	24:02	5:51	85	10:02	354	13:04	19.80	2:45:37	8:21	35	25:43	375	1:26:29
Loddenke	3.10	18:52	6:05	82	7:43	334	9:28	22.90	3:04:29	8:03	35	29:50	375	1:35:57
Ilseburg/Markt	3.30	22:55	6:56	91	10:48	365	12:24	26.20	3:27:24	7:54	91	1:26:58	375	1:48:21