



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Schulz, Frank

Club: Gardelegen  
Number: 127

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:38:21

Speed: 7.14 km/h  
Running performance: 8:20 min/km

Rank in course/Total: 439 (of 456)

Rank in course/Men: 385 (of 399)

Best time in course: 1:39:03

Rank in category: 60(of 63)

Best time in the category: 2:02:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:22	6:46	56	7:34	346	9:51	3.30	22:22	6:46	29	1:42	256	9:47
Schlüsie	3.10	25:30	8:13	58	9:09	368	12:08	6.40	47:52	7:28	28	3:32	370	21:52
Hermannsklippe	2.60	24:35	9:27	58	10:18	371	13:02	9.00	1:12:27	8:03	29	5:00	385	34:47
Brocken	3.10	46:13	14:54	63	23:18	393	28:12	12.10	1:58:40	9:48	29	12:53	381	1:02:36
Eiserner Handwe	3.60	27:43	7:41	61	13:00	383	15:40	15.70	2:26:23	9:19	29	20:01	385	1:18:13
Schlüsie	4.10	26:02	6:20	60	12:18	378	15:04	19.80	2:52:25	8:42	29	24:33	385	1:33:17
Loddenke	3.10	22:25	7:13	61	10:40	382	13:01	22.90	3:14:50	8:30	29	29:53	385	1:46:18
Ilseburg/Markt	3.30	23:31	7:07	59	10:23	372	13:00	26.20	3:38:21	8:20	60	1:35:47	385	1:59:18