



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Schönigt, Claudia

Club: Dortmund
Number: 954

Course: 26.20 km
26,2 km - Wanderung

Category:
Frauen

Total time: 5:32:57

Speed: 4.72 km/h
Running performance: 12:43 min/km

Rank in course/Total: 20 (of 23)
Rank in course/Women: 12 (of 13)
Best time in course: 3:54:08

Rank in category: 12(of 13)
Best time in the category: 3:54:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	36:22	11:01	12	7:30	12	7:30	3.30	36:22	11:01	12	7:30	12	7:30
Schlüsie	3.10	37:45	12:10	12	9:07	12	9:07	6.40	1:14:07	11:34	12	16:37	12	16:37
Hermannsklippe	2.60	34:54	13:25	12	10:19	12	10:19	9.00	1:49:01	12:06	12	26:56	12	26:56
Brocken	3.10	1:00:07	19:23	13	23:10	13	23:10	12.10	2:49:08	13:58	12	50:06	12	50:06
Eiserner Handwe	3.60	48:50	13:33	12	19:16	12	19:16	15.70	3:37:58	13:52	12	1:06:01	12	1:06:01
Schlüsie	4.10	52:01	12:41	13	23:11	13	23:11	19.80	4:29:59	13:38	12	1:26:23	12	1:26:23
Loddenke	3.10	33:45	10:53	13	12:55	13	12:55	22.90	5:03:44	13:15	12	1:36:07	12	1:36:07
Ilseburg/Markt	3.30	29:13	8:51	7	4:57	7	4:57	26.20	5:32:57	12:42	12	1:38:49	12	1:38:49