



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Schönigt, Nicole

Club: Dortmund
Number: 955

Course: 26.20 km
26,2 km - Wanderung

Category:
Frauen

Total time: 5:32:59

Speed: 4.68 km/h
Running performance: 12:43 min/km

Rank in course/Total: 22 (of 23)
Rank in course/Women: 13 (of 13)
Best time in course: 3:54:08

Rank in category: 13(of 13)
Best time in the category: 3:54:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	36:23	11:01	13	7:31	13	7:31	3.30	36:23	11:01	13	7:31	13	7:31
Schlüsie	3.10	37:45	12:10	12	9:07	12	9:07	6.40	1:14:08	11:35	13	16:38	13	16:38
Hermannsklippe	2.60	34:53	13:24	11	10:18	11	10:18	9.00	1:49:01	12:06	12	26:56	12	26:56
Brocken	3.10	1:00:03	19:22	12	23:06	12	23:06	12.10	2:49:04	13:58	13	50:02	13	50:02
Eiserner Handwe	3.60	49:11	13:39	13	19:37	13	19:37	15.70	3:38:15	13:54	13	1:06:18	13	1:06:18
Schlüsie	4.10	51:46	12:37	12	22:56	12	22:56	19.80	4:30:01	13:38	13	1:26:25	13	1:26:25
Loddenke	3.10	33:42	10:52	12	12:52	12	12:52	22.90	5:03:43	13:15	13	1:36:06	13	1:36:06
Ilseburg/Markt	3.30	29:16	8:52	8	5:00	8	5:00	26.20	5:32:59	12:42	13	1:38:51	13	1:38:51