



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Schenk, Johannes

Club: Harzer LA Club
Number: 729

Course: 9.60 km
9,6 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 40:46

Speed: 13.25 km/h
Running performance: 4:15 min/km

Rank in course/Total: 10 (of 170)

Rank in course/Men: 9 (of 111)

Best time in course: 33:31

Rank in category: 2(of 5)

Best time in the category: 34:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	20:29	4:59	2	3:12	9	4:06	4.10	20:29	4:59	2	3:12	9	3:48
Loddenke	2.20	8:15	3:44	2	1:33	10	1:41	6.30	28:44	4:33	2	4:45	9	5:29
Ilseburg/Markt	3.30	12:02	3:38	2	1:25	9	1:49	9.60	40:46	4:14	2	6:10	9	7:15