



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Wisotzki, Boris

Club: Braunschweig
Number: 367

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 3:49:03

Speed: 6.81 km/h
Running performance: 8:44 min/km

Rank in course/Total: 448 (of 456)

Rank in course/Men: 392 (of 399)

Best time in course: 1:39:03

Rank in category: 39(of 39)

Best time in the category: 1:50:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:41	6:52	34	8:49	353	10:10	3.30	22:41	6:52	20	0:18	247	10:06
Schlüsie	3.10	27:07	8:44	39	12:04	386	13:45	6.40	49:48	7:46	20	3:58	392	23:48
Hermannsklippe	2.60	27:50	10:42	39	14:48	392	16:17	9.00	1:17:38	8:37	20	11:08	392	39:58
Brocken	3.10	47:07	15:11	39	26:35	396	29:06	12.10	2:04:45	10:18	20	24:06	392	1:08:41
Eiserner Handwe	3.60	26:22	7:19	36	13:26	369	14:19	15.70	2:31:07	9:37	20	28:33	392	1:22:57
Schlüsie	4.10	28:41	6:59	38	16:22	391	17:43	19.80	2:59:48	9:04	20	37:32	392	1:40:40
Loddenke	3.10	23:29	7:34	39	12:57	391	14:05	22.90	3:23:17	8:52	20	44:24	392	1:54:45
Ilseburg/Markt	3.30	25:46	7:48	38	13:38	387	15:15	26.20	3:49:03	8:44	39	1:58:39	392	2:10:00