



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Bluschke, Monika

Club: LG Osterwieck
Number: 182

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 3:51:46

Speed: 6.73 km/h
Running performance: 8:51 min/km

Rank in course/Total: 450 (of 456)

Rank in course/Women: 57 (of 57)

Best time in course: 2:11:42

Rank in category: 7(of 7)

Best time in the category: 2:52:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	27:49	8:25	7	7:38	57	12:08	3.30	27:49	8:25	7	6:44	29	5:11
Schlüsie	3.10	30:55	9:58	7	9:14	57	13:31	6.40	58:44	9:10	7	15:58	29	12:52
Hermannsklippe	2.60	28:57	11:08	7	9:20	57	13:41	9.00	1:27:41	9:44	7	25:18	29	19:10
Brocken	3.10	43:54	14:09	6	12:03	55	19:29	12.10	2:11:35	10:52	7	37:21	29	26:44
Eiserner Handwe	3.60	25:12	7:00	7	5:29	52	9:21	15.70	2:36:47	9:59	7	41:09	29	30:24
Schlüsie	4.10	24:00	5:51	7	5:20	51	9:37	19.80	3:00:47	9:07	7	43:47	29	33:02
Loddenke	3.10	23:54	7:42	7	7:50	56	11:39	22.90	3:24:41	8:56	7	50:30	29	40:22
Ilseburg/Markt	3.30	27:05	8:12	7	9:09	57	13:45	26.20	3:51:46	8:50	7	59:09	57	1:40:04