



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Krannich, Winfried

Club: Leipzig
Number: 134

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:01:56

Speed: 6.45 km/h
Running performance: 9:14 min/km

Rank in course/Total: 453 (of 456)

Rank in course/Men: 396 (of 399)

Best time in course: 1:39:03

Rank in category: 29(of 30)

Best time in the category: 2:11:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:22	6:28	21	5:25	307	8:51	3.30	21:22	6:28	3	0:41	396	8:47
Schlüsie	3.10	27:37	8:54	29	10:45	392	14:15	6.40	48:59	7:39	3	4:54	396	22:59
Hermannsklippe	2.60	28:20	10:53	29	13:08	396	16:47	9.00	1:17:19	8:35	3	11:18	396	39:39
Brocken	3.10	43:15	13:57	29	17:05	388	25:14	12.10	2:00:34	9:57	3	19:53	396	1:04:30
Eiserner Handwe	3.60	39:42	11:01	30	24:08	397	27:39	15.70	2:40:16	10:12	3	39:51	396	1:32:06
Schlüsie	4.10	33:40	8:12	30	18:37	399	22:42	19.80	3:13:56	9:47	3	54:24	396	1:54:48
Loddenke	3.10	22:47	7:20	29	10:04	385	13:23	22.90	3:36:43	9:27	3	1:01:06	396	2:08:11
Ilseburg/Markt	3.30	25:13	7:38	29	11:29	384	14:42	26.20	4:01:56	9:14	29	1:50:41	396	2:22:53