



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Brandecker, Yvonne

Club: Harz-Gebirgslauf Wernigerode
Number: 599

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 42:38

Speed: 12.67 km/h
Running performance: 4:26 min/km

Rank in course/Total: 14 (of 170)

Rank in course/Women: 3 (of 59)

Best time in course: 40:00

Rank in category: 1(of 3)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking					
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	21:00	5:07	1	-	3	1:00	4.10	21:00	5:07	1	-	33
Loddenke	2.20	8:23	3:48	1	-	3	0:35	6.30	29:23	4:39	1	-	33
Ilseburg/Markt	3.30	13:15	4:00	2	0:05	4	1:06	9.60	42:38	4:26	1	-	3 2:38