



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Helmholz, Natalie

Club: GS Prinzess Ilse
Number: 859

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Kinder U10 (8-9 Jahre)

Total time: 10:08

Speed: 5.92 km/h
Running performance: 5:38 min/km

Rank in course/Total: 86 (of 111)

Rank in course/Women: 31 (of 43)

Best time in course: 7:05

Rank in category: 14(of 17)

Best time in the category: 7:29