



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Hübner, Sylke

Club: NSV Wernigerode
Number: 642

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 43:43

Speed: 12.35 km/h
Running performance: 4:33 min/km

Rank in course/Total: 19 (of 170)

Rank in course/Women: 4 (of 59)

Best time in course: 40:00

Rank in category: 2(of 3)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	21:52	5:20	2	0:52	4	1:52	4.10	21:52	5:20	2	0:52	34
Loddenke	2.20	8:41	3:56	2	0:18	4	0:53	6.30	30:33	4:50	2	1:10	34
Ilseburg/Markt	3.30	13:10	3:59	1	-	3	1:01	9.60	43:43	4:33	2	1:05	4 3:43