



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Himburg, Andy

Club: Kultur, Biloung & Freizeit e.V.
Number: 721

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 46:46

Speed: 11.55 km/h
Running performance: 4:52 min/km

Rank in course/Total: 30 (of 170)

Rank in course/Men: 24 (of 111)

Best time in course: 33:31

Rank in category: 8(of 17)

Best time in the category: 33:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:54	5:35	10	6:31	22	6:31	4.10	22:54	5:35	11	0:03	23	6:13
Loddenke	2.20	9:19	4:14	8	2:45	26	2:45	6.30	32:13	5:06	11		23	8:58
Ilseburg/Markt	3.30	14:33	4:24	11	4:20	37	4:20	9.60	46:46	4:52	8	13:15	24	13:15