



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Arnold, Jonas

Club: Leipzig Marathon e.V.
Number: 636

Course: 9.60 km
9,6 km - Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 46:56
Speed: 11.51 km/h
Running performance: 4:53 min/km
Rank in course/Total: 32 (of 170)
Rank in course/Men: 26 (of 111)
Best time in course: 33:31
Rank in category: 2(of 2)
Best time in the category: 44:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	22:58	5:36	2	0:37	25	6:35	4.10	22:58	5:36	2	0:37	25	6:17
Loddenke	2.20	9:33	4:20	2	0:58	30	2:59	6.30	32:31	5:09	2	1:35	25	9:16
Ilseburg/Markt	3.30	14:25	4:22	2	0:38	32	4:12	9.60	46:56	4:53	2	2:13	26	13:25