



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Bräunel, Marcell

Club: Ilseburg
Number: 675

Course: 9.60 km
9,6 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 47:22

Speed: 11.40 km/h
Running performance: 4:56 min/km

Rank in course/Total: 37 (of 170)

Rank in course/Men: 30 (of 111)

Best time in course: 33:31

Rank in category: 11(of 17)

Best time in the category: 33:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	24:26	5:57	12	8:03	34	8:03	4.10	24:26	5:57	8	1:35	29	7:45
Loddenke	2.20	9:11	4:10	7	2:37	21	2:37	6.30	33:37	5:20	8	0:58	29	10:22
Ilseburg/Markt	3.30	13:45	4:10	9	3:32	23	3:32	9.60	47:22	4:56	11	13:51	30	13:51