



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Rößler, Michelle

Club: Harz-Gebirgslauf Wernigerode
Number: 606

Course: 9.60 km
9,6 km - Lauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 47:32

Speed: 11.36 km/h
Running performance: 4:57 min/km

Rank in course/Total: 38 (of 170)

Rank in course/Women: 8 (of 59)

Best time in course: 40:00

Rank in category: 1(of 2)

Best time in the category: 47:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	24:08	5:53	1	-	9	4:08	4.10	24:08	5:53	1	-	38
Loddenke	2.20	9:30	4:19	1	-	7	1:42	6.30	33:38	5:20	1	-	38
Ilseburg/Markt	3.30	13:54	4:12	1	-	7	1:45	9.60	47:32	4:57	1	-	8 7:32