



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

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Club: Jugendsozialwerk Nordhausen e.V.
 Number: 129

Course: 3.30 km
 1 Runde 3,3 km

Category:
 Frauen

Total time: 19:37

Speed: 9.18 km/h
 Running performance: 5:56 min/km

Rank in course/Total: 77 (of 95)

Rank in course/Women: 29 (of 41)

Best time in course: 13:58

Rank in category: 3(of 5)

Best time in the category: 15:32

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Rundenzeit | 3.25 | fehlt! | - | - | - | - | - | 3.25 | - | - | - | - | - | - |
| Finish | 3.30 | 19:37 | 5:56 | 3 | 4:05 | 29 | 5:39 | 3.30 | 19:37 | 5:56 | 3 | 4:05 | 29 | 5:39 |