



9. Nordhäuser Citylauf  
 Nordhausen / 15.09.2013

Detailed evaluation

Niewiem, Raphael

Number: 289

Course: 3.30 km

1 Runde 3,3 km

Category:

männliche Kinder U12 (10 und 11 Jahre)

Total time: 19:34

Speed: 9.20 km/h

Running performance: 5:56 min/km

Rank in course/Total: 75 (of 95)

Rank in course/Men: 48 (of 54)

Best time in course: 10:59

Rank in category: 11(of 11)

Best time in the category: 12:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	19:34	5:55	11	7:04	48	8:35	3.30	19:34	5:55	11	7:04	48	8:35