



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Krüger, Constanze

Number: 195

Course: 3.30 km

1 Runde 3,3 km

Category:

Seniorinnen W55

Total time: 19:19

Speed: 9.32 km/h

Running performance: 5:51 min/km

Rank in course/Total: 73 (of 95)

Rank in course/Women: 26 (of 41)

Best time in course: 13:58

Rank in category: 1(of 2)

Best time in the category: 19:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	19:19	5:51	1	-	26	5:21	3.30	19:19	5:51	1	-	26	5:21