



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Heintze, Kjell

Club: Hainichläufer
 Number: 137

Course: 3.30 km
 1 Runde 3,3 km

Category:
 männliche Kinder U12 (10 und 11 Jahre)

Total time: 16:44

Speed: 10.76 km/h
 Running performance: 5:04 min/km

Rank in course/Total: 49 (of 95)

Rank in course/Men: 39 (of 54)

Best time in course: 10:59

Rank in category: 4(of 11)

Best time in the category: 12:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-	-
Finish	3.30	16:44	5:04	4	4:14	39	5:45	3.30	16:44	5:04	4	4:14	39	5:45	