



9. Nordhäuser Citylauf
 Nordhausen / 15.09.2013

Detailed evaluation

Lützkendorf, Laura Philine

Number: 295

Course: 3.30 km

1 Runde 3,3 km

Category:

weibliche Kinder U12 (10 und 11 Jahre)

Total time: 17:19

Speed: 10.39 km/h

Running performance: 5:15 min/km

Rank in course/Total: 57 (of 95)

Rank in course/Women: 15 (of 41)

Best time in course: 13:58

Rank in category: 5(of 6)

Best time in the category: 14:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Rundenzeit	3.25	fehlt!	-	-	-	-	-	3.25	-	-	-	-	-	-
Finish	3.30	17:19	5:14	5	2:32	15	3:21	3.30	17:19	5:14	5	2:32	15	3:21